

MILAN EYE CENTER

Difference is in the Details

Holistic Oculoplastic Care



PRESENTED BY KIRAN SAJJA, MD
Reconstructive & Aesthetic Oculofacial Plastic Surgery

119th Annual Conference - Georgia Optometric Association



PREFERRED
EYE CARE PARTNER
OF THE
ATLANTA BRAVES

BACKGROUND



Dr. Kiran Sajja

- 1st generation Indian American
 - Born in Danville, Illinois
 - Raised in St. Joseph, Michigan
- Married for ~9 years - Anila
- ~7 year old daughter - Aryana
- ~5 year old son - Avir
- Family of physicians
 - Father - psychiatrist
 - Sister (Ratna Sajja) - radiation oncologist in Conyers
 - Cousin (Venu Sajja) - cardiologist in Marietta/Kennesaw

EDUCATION



Dr. Kiran Sajja

- **Undergraduate**
 - University of Michigan
- **Medical School**
 - Case Western Reserve University
- **Transitional Internship**
 - Northwestern University
- **Ophthalmology Residency**
 - Illinois Eye & Ear Infirmary/University of Illinois at Chicago
- **Oculofacial Plastic Surgery Fellowship**
 - Illinois Eye & Ear Infirmary/University of Illinois at Chicago
 - Preceptor: Allen Putterman, MD



PRACTICE

Milan Eye Center

- Joined the practice in June 2014
- Providing oculoplastic care in North Atlanta
 - Alpharetta
 - Canton
 - Cumming
 - Marietta/East Cobb



OCULOFACIAL PLASTIC SURGERY

- Most Advanced Training in Eyelid-Related Conditions, Treatments, and Surgeries
 - Cosmetic
 - Reconstructive
 - Functional
- Dedicated and Specialized Care



- 78 yo WF presents with significant heaviness of brows/eyelids
- “I always look mean, but I swear I’m not”
- “I am always bumping my head on things”

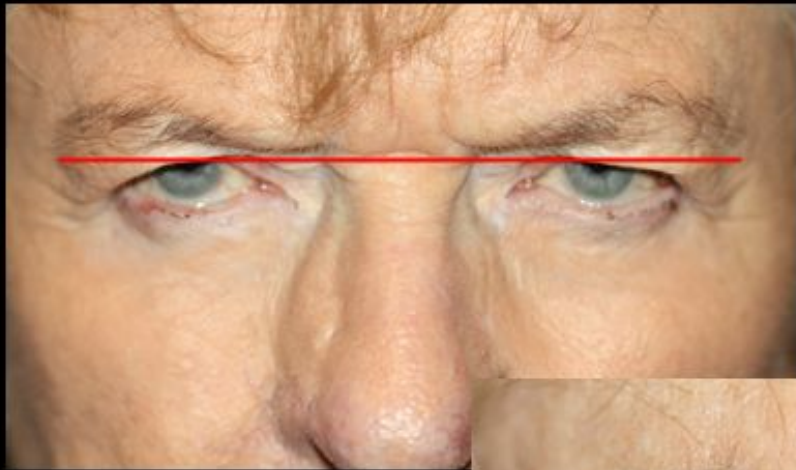
Symptoms and Signs of Dermatochalasis

■ Symptoms

- Head/brow ache
- Difficulty reading
- Heaviness of eyelids
- Looking through eyelashes
- Poor peripheral vision
- Tearing
- Eyelid crusting
- Tired appearance

■ Signs

- Forehead furrows
- Forehead/brow recruitment
- Asymmetric eyelid folds
- Downgoing eyelashes
- Worse at the end of the day



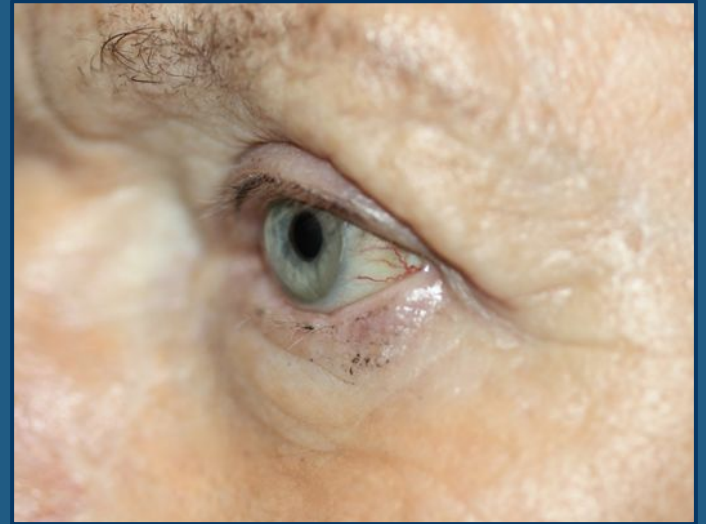
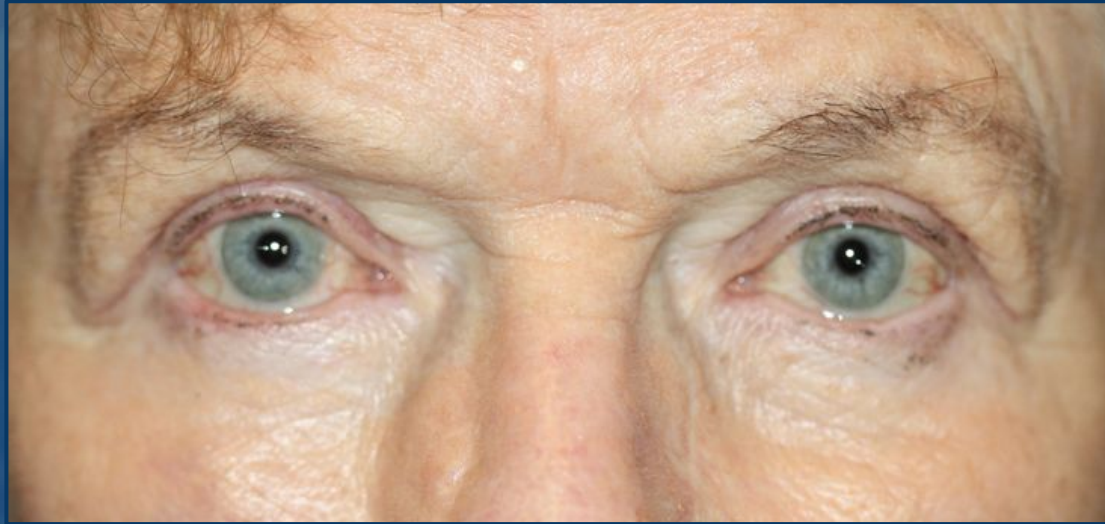
Promotes blepharitis and "tearing"

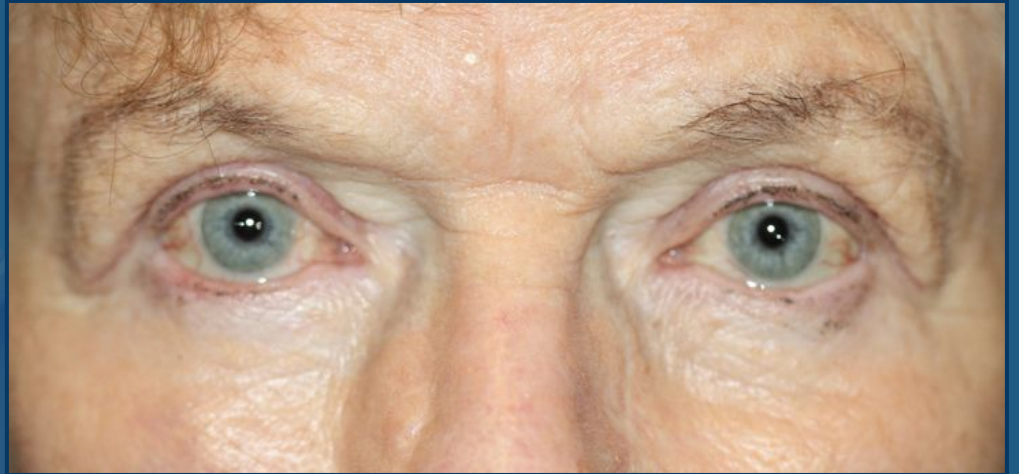
Upper Eyelid Surgery

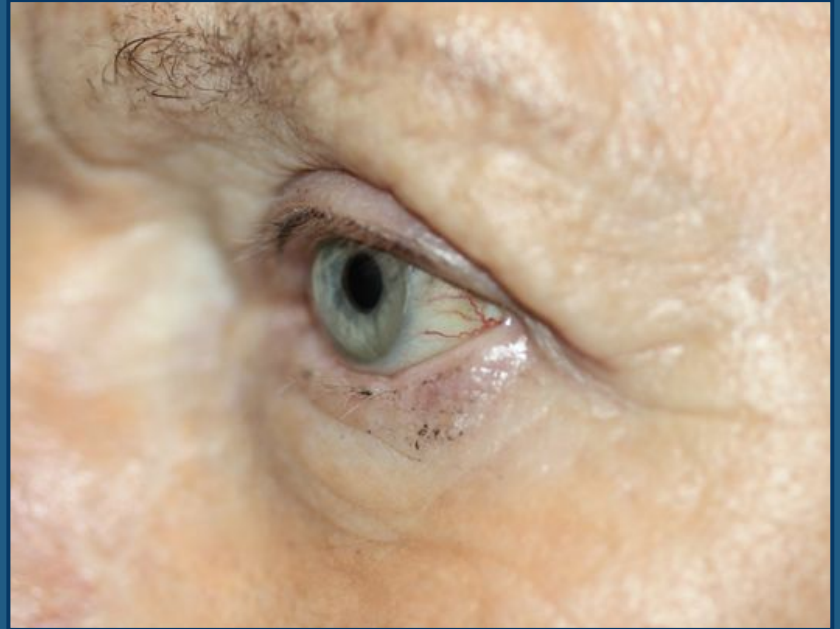
Functional v Cosmetic



- 1) Patient complaint
- 2) Measurement of amount and/or degree of excess skin at upper eyelid margin
- 3) Photographs documenting extent of dermatochalasis
- 4) Visual field testing demonstrating functional impairment

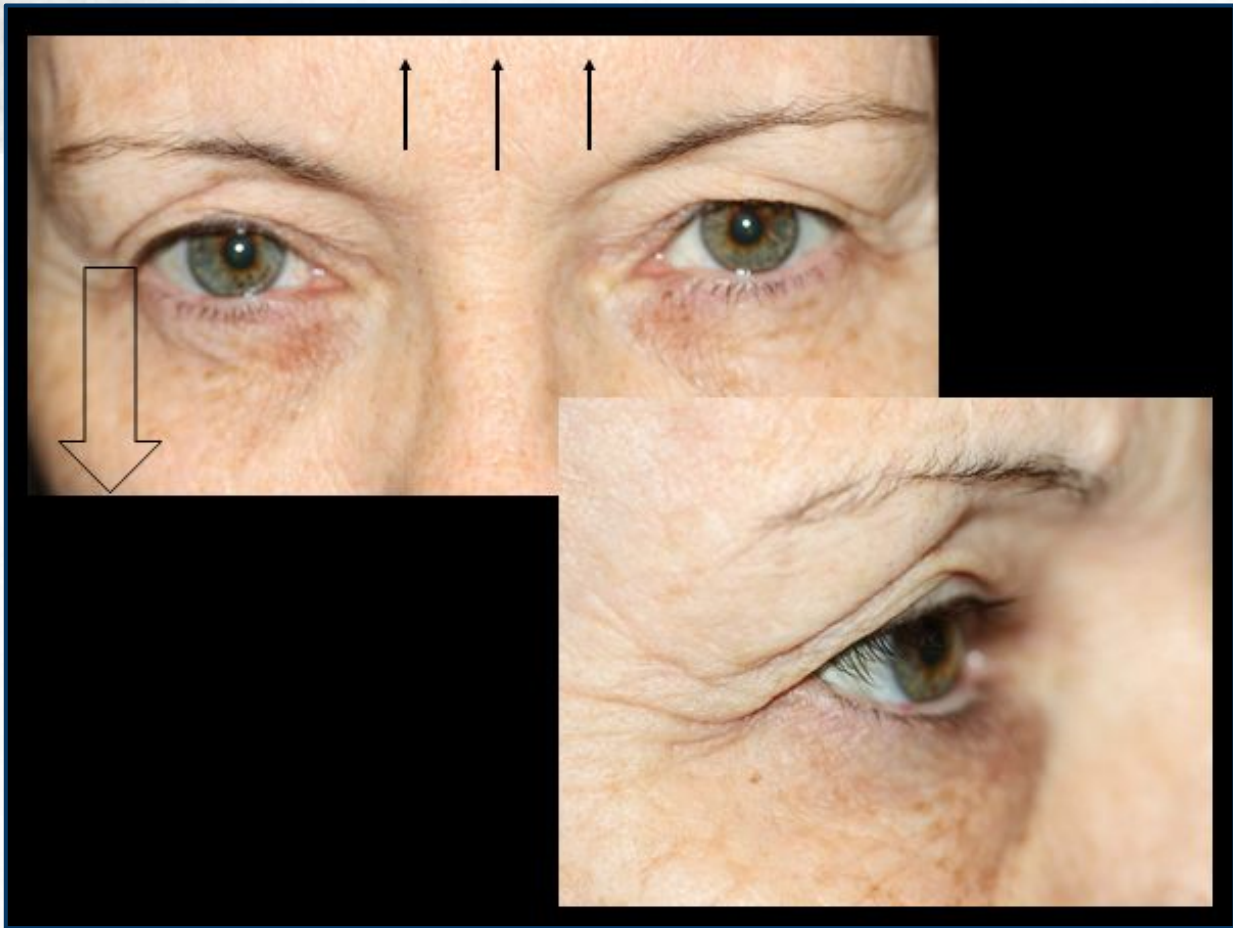




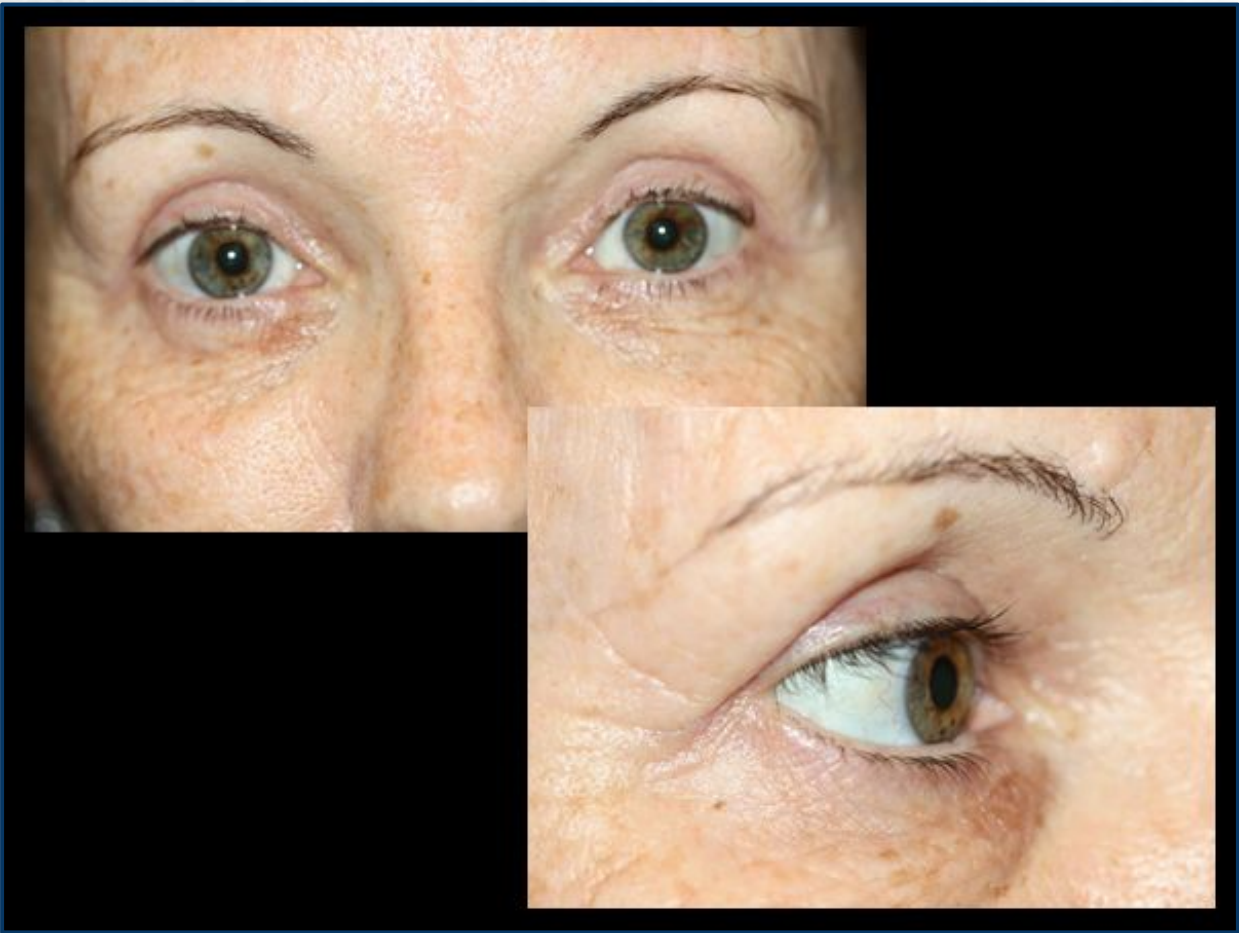




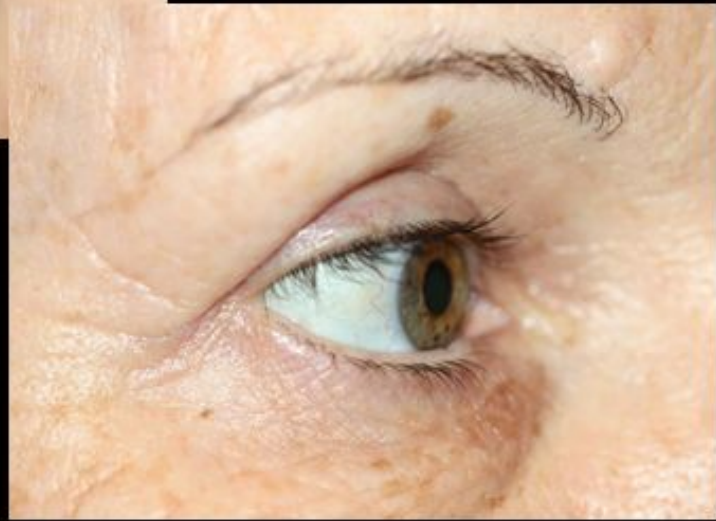
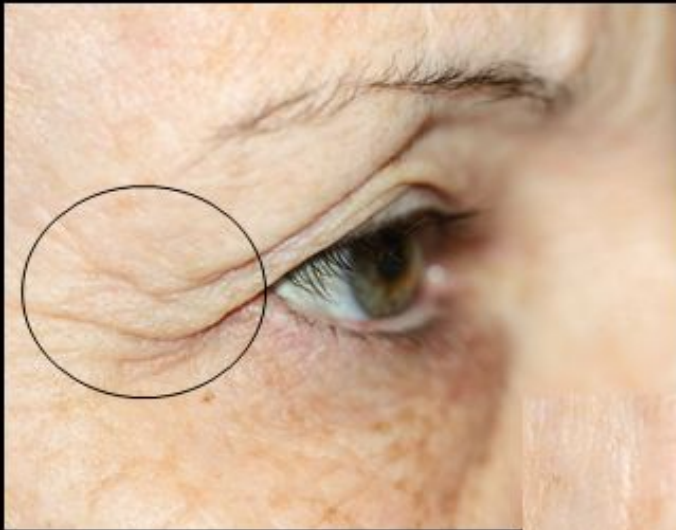
- 54 yo WF presents with decreased ability to note objects in her periphery, especially when driving
- “I woke up one morning and I became my bloody mother”
- “I always look so tired and old”











Optimizing Success for Upper Blepharoplasty

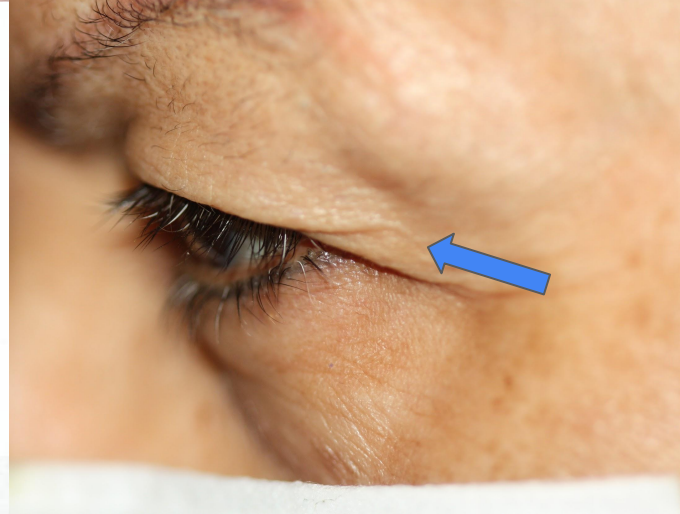
Cosmetic or Functional

- 1) Patient Selection
- 2) Crease Formation
- 3) Orbital Fat Excision
- 4) Skin Closure
- 5) Appropriate Expectations

Patient E. J.



**Ptosis v Pseudoptosis v
Dermatochalasis**





Patient E. J.

2.5 weeks following upper blepharoplasty





Patient E. J.





Patient D. M.

Relative facial asymmetry with periocular manifestations



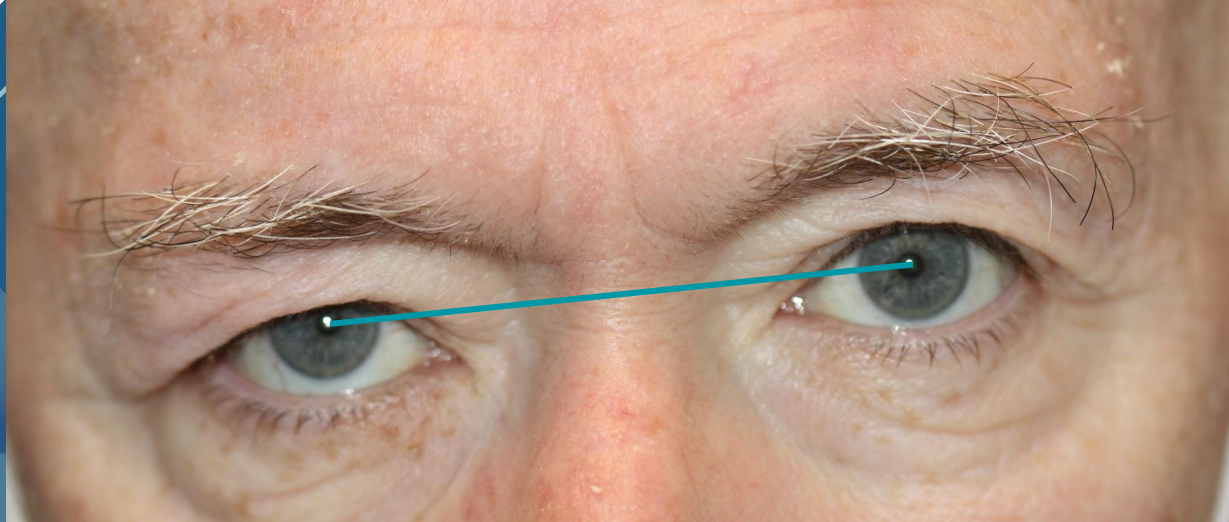
Patient D. M.



3 weeks following upper blepharoplasty



Patient D. M.





Patient S. M.

Prominent brows with masculinization of periocular area





Patient S. M

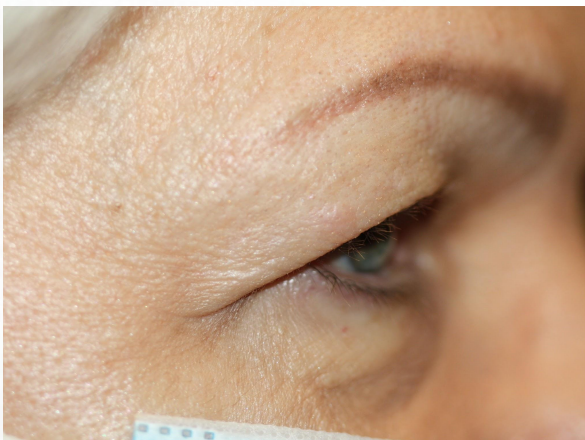




Patient S. M.

3 weeks following upper blepharoplasty





Patient B. B.



Patient B. B.



Patient B. B.



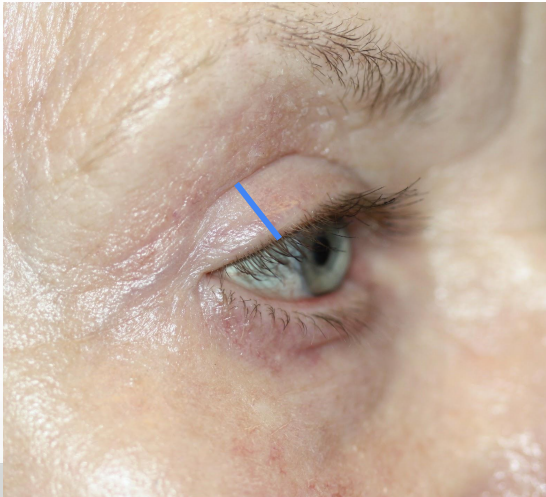
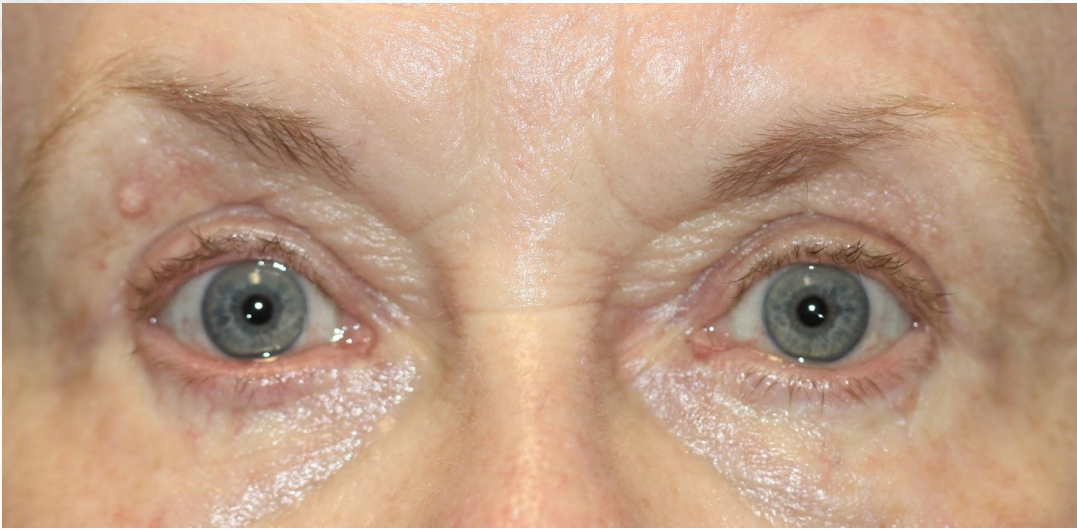
3 weeks following upper blepharoplasty



Patient L. B.



Patient L. B.



Patient L. B.



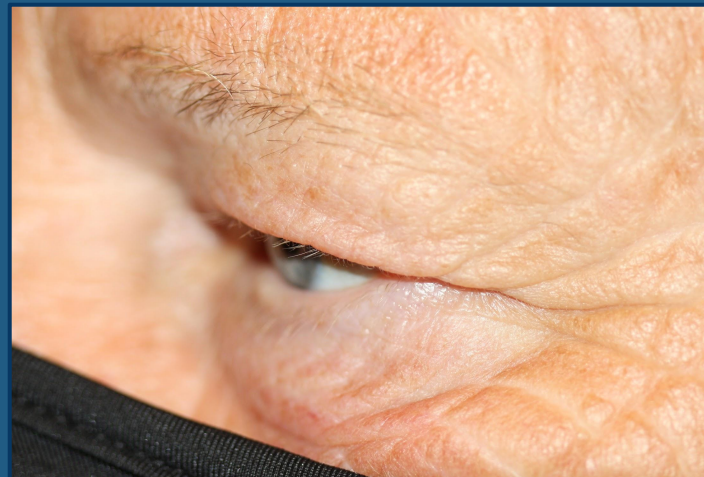
3 months following upper/lower blepharoplasty



Patient D. W.



Significant skin damage with prominent skin folds and pseudoptosis



Patient D. W.



Maintain masculine appearance and improve eyelid asymmetry





3 weeks following upper blepharoplasty





- 68 yo WF presents with constant eye strain
- “had eyelid surgery 2 years ago, but it didn’t help”
- “I am constantly pulling my eyelids open to see”

Symptoms and Signs of Eyelid Ptosis

■ Symptoms

- Head/brow ache
- Difficulty reading
- Heaviness of eyelids
- Looking through eyelashes
- Poor peripheral vision
- Tearing
- Eyelid crusting
- Tired appearance

■ Signs

- Forehead furrows
- Forehead/brow recruitment
- Asymmetric eyelid folds
- High eyelid crease
- Downgoing eyelashes
- Worse at the end of the day

Prominent droopiness with asymmetry



After phenylephrine 2.5% drops







Facial Injectables

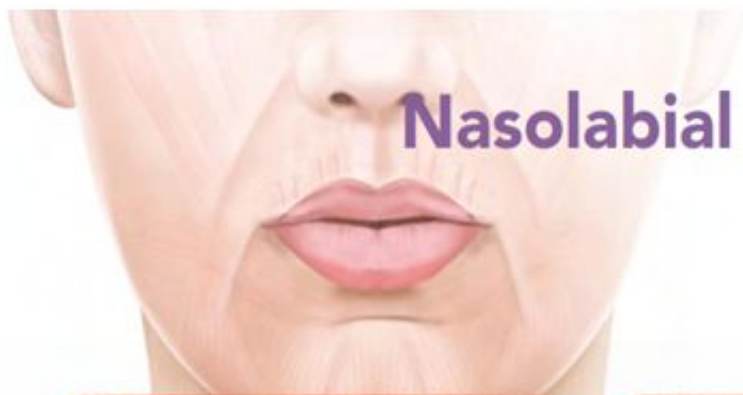
- Neuromodulators
 - Dysport
 - Botox
 - Daxxify
- Fillers
 - Hyaluronic acid
 - Juvederm
 - Restylane
 - Revance (RHA)

Patient A. S.



Patient K. M.

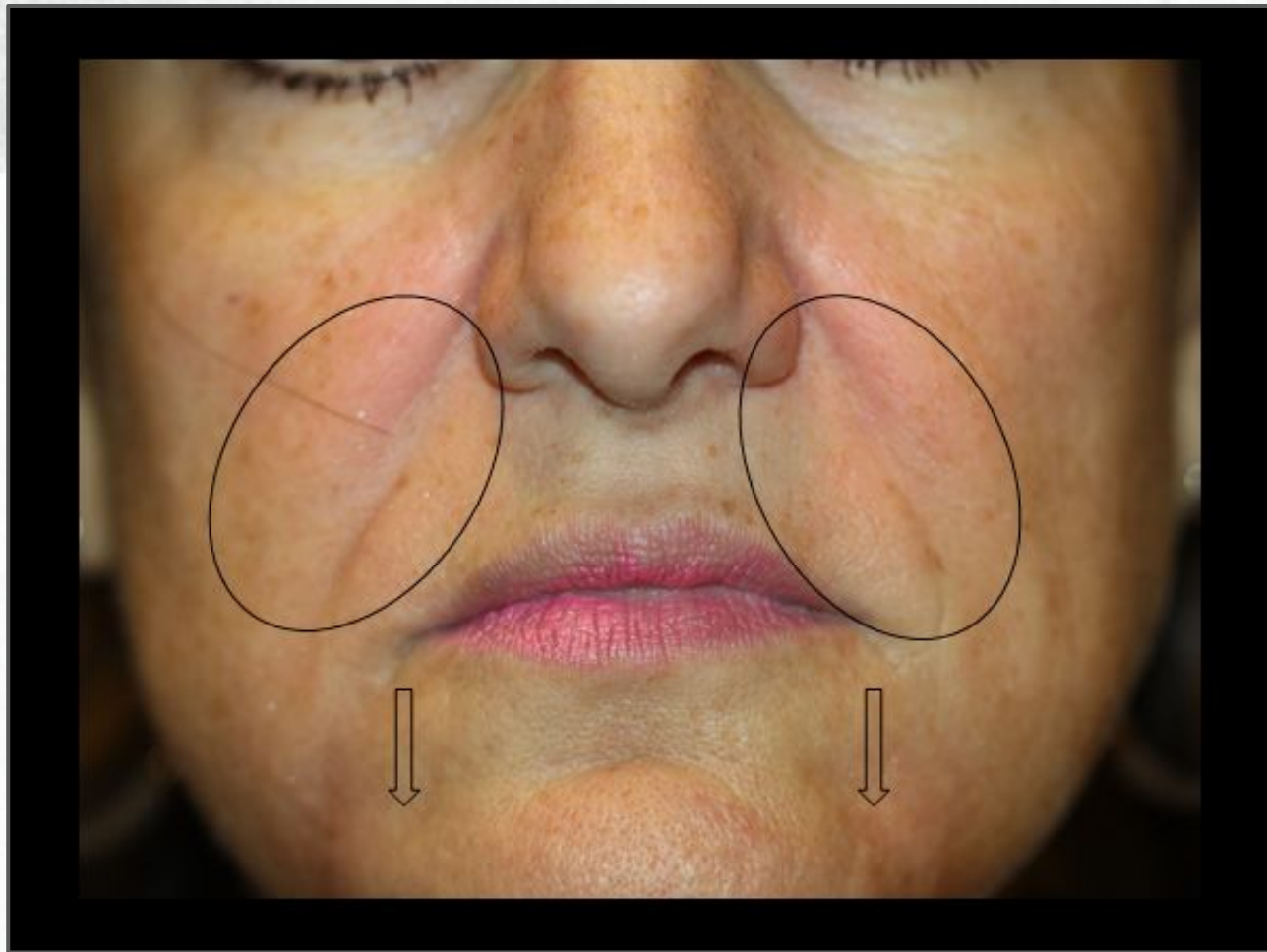




Nasolabial Folds



FIGURE 1 ● Nasolabial folds before (A) and 2 weeks after (B) dermal filler treatment, using hyaluronic acid.









Lip Border



FIGURE 1 ● Lip augmentation before (A), immediately after (B), and 1 week after dermal filler treatment (C), using hyaluronic acid.

Patient A. S.





Patient A. E.



Patient A. E.





Patient T. F.



Patient A. F.





Patient J. S.



Combining surgical and laser procedures

- Upper Blepharoplasty with full face HALO



Patient D. C.



3 weeks following full face HALO/BBL

- Significant improvement in skin texture and superficial telangiectasias



Patient K. H.

Combining surgical and laser procedures

- Upper Blepharoplasty with full face HALO/BBL

Significant improvement in periorcular appearance with improved skin tone/texture





Patient E. C.



**3 months following bilateral upper
blepharoplasty and bilateral lower
blepharoplasty with skin flap**



Patient E. C.

Addressing skin issues after
upper/lower blepharoplasty



Patient E. C.

Addressing skin issues after upper/lower blepharoplasty





Patient T. P.

3 weeks following full face HALO

- **Dyschromias**
- **Skin texture/tone**
- **Pore size**





Patient D. C.



3 weeks following full face HALO/BBL

- Dyschromias
- Skin texture/tone
- Redness
- "GLOW"



Patient J. R.

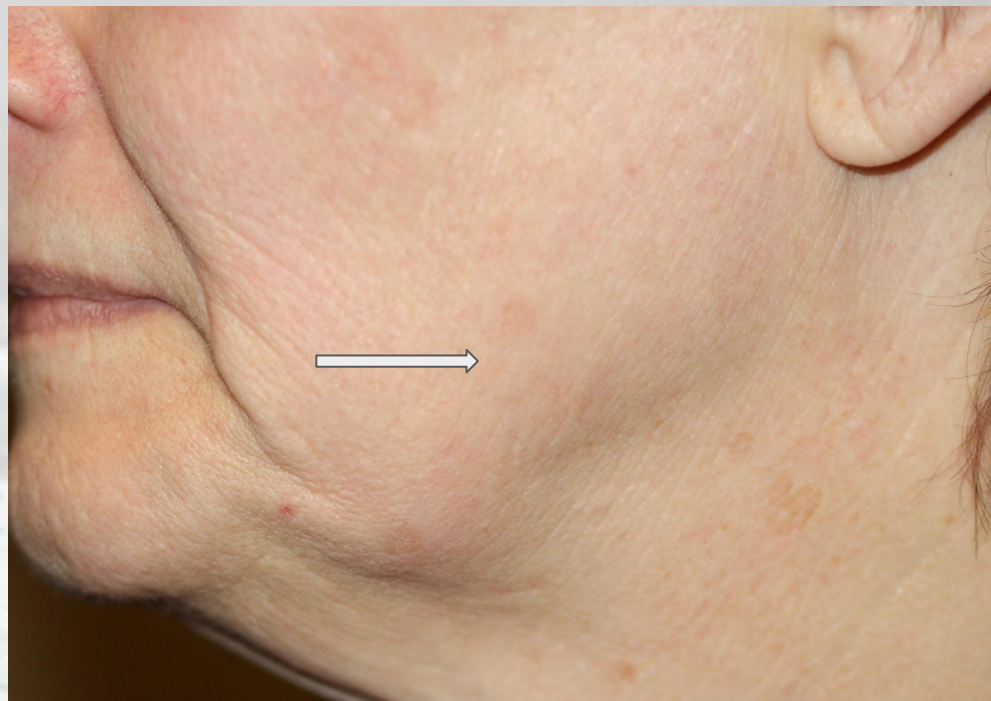


3 weeks following full face HALO/BBL

- Significant improvement in skin tone/texture and superficial telangiectasias with mild skin tightening



Patient M. S.



3 weeks following full face HALO/BBL

- Significant improvement in skin tone/texture and dyschromias



Patient D. G.

1 week following full face HALO/BBL



Mild prominence of MENDs* at day 7
with noticeable improvement of skin
texture and mild to moderate rhytids

* microscopic epithelial necrotic debris



Thank You!

Contact me anytime -
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